

skinade <sup>®</sup>  
**TARGETED SOLUTIONS**

Clear

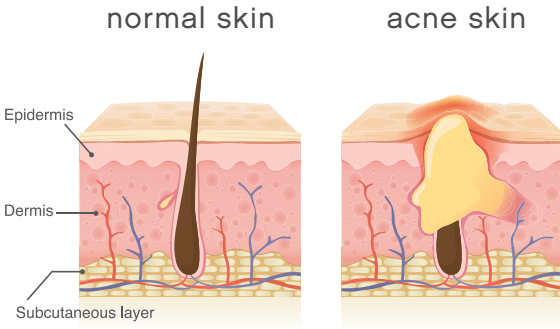


Facts and information

# acne prone skin

Acne is one of the most common skin disorders and has a major impact on an individual's self-image. Acne affects both women and men not just in their teens, but also later in life. The breakouts which form particularly on the face, neck, chest and back result from a number of issues:

- Hormonal
- Bacterial
- Excess oil production
- A diet high in sugar
- Blocked pores
- Poor digestive health
- Psychological (stress and anxiety exacerbated by the break out itself)



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Skinade Targeted Solutions® Clear works to reduce inflammation, regulate excess oil production and detoxify the dermal layers of the skin

# what is skinade Targeted Solutions® Clear?

Skinade Targeted Solutions® Clear is an internal skin care product that delivers its functional ingredients in a two-step approach. A drinkable highly absorbable liquid sachet component and a slow delivery capsule component. This two-step delivery mechanism ensures optimal efficacy. As the product works from the inside, it supports the skin all over your body (whether you have acne on your face, back, chest or neck).

It works from the inside out to regulate hormonal imbalances, reduce inflammation, regulate excess oil production, detoxify the dermal layers of the skin and boost the immune system. A poor immune system is a key issue in acne prone skin. Increasing skin elasticity and hydration is also essential to prevent dry and cracking skin (a cause of the spread of bacteria). Digestive health also plays an important role in preventing breakouts, for this reason we include friendly bacteria at 10 billion cfu per daily dose

Developed by leading UK scientists and manufactured in the UK, our patent-pending formulation contains key feedback mechanism ingredients, high-grade micronutrients and a live friendly strain of the bacteria lactobacillus.

Skinade Targeted Solutions® Clear contains only the highest quality ingredients with no artificial flavours or colouring and fewer than 16 calories. Flavoured with pineapple, containing bromelain to help reduce scarring and the natural flavours of passion fruit, it offers a pleasant tasting, convenient and highly effective addition to your daily skincare regime.

Drinking skinade Targeted Solutions® Clear on a daily basis results in more balanced, less inflamed, clearer and healthier looking skin.

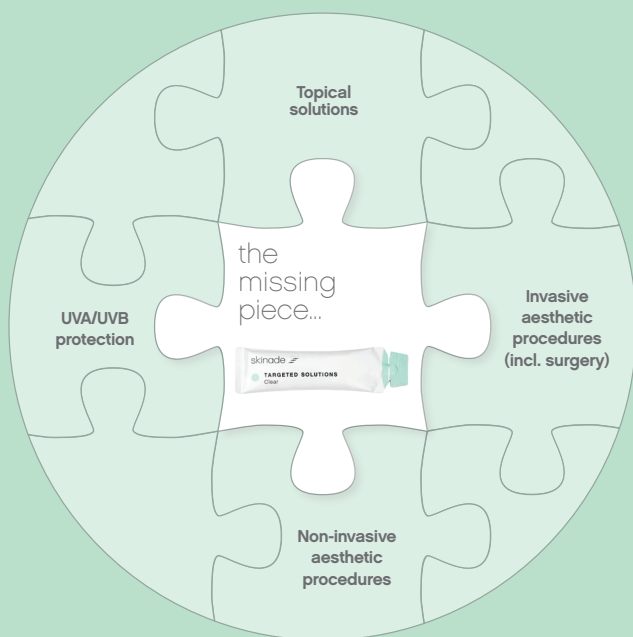


## FACTS

# smarter skincare

According to leading medical professionals, everyone can achieve bright, clear and healthy-looking skin by adopting a comprehensive approach to their skincare regime.

Given acne's many causes, addressing concerns topically in addition to working from the inside is essential.



## how to take skinade Targeted Solutions<sup>®</sup> Clear

Drink one sachet (diluted in a small glass of water) with two capsules daily. Skinade Targeted Solutions<sup>®</sup> Clear should become part of your daily skincare regime for clearer skin.

We recommend starting with a 30-day supply.

# how skinade Targeted Solutions<sup>®</sup> Clear works

Traditional topical acne products function on the surface of the skin and in a localised area, but skinade Targeted Solutions<sup>®</sup> Clear works from the inside out to target five specific issues associated with and leading to acne; inflammation, dryness, congestion, excess hormone production and excess sebum production. Skinade Targeted Solutions<sup>®</sup> Clear activates the body to produce diindolylmethane. DIM is a clever compound that helps to normalise excess hormone levels. A specifically isolated Omega 3 DHA compound from algae regulates oil production and increases moisture. MSM helps to reduce inflammation and clear congestion.

## the benefits

After completing a course of skinade Targeted Solutions<sup>®</sup> Clear, consumers have reported the following results in affected areas:

- **Increased skin hydration**
- **Fewer breakouts**
- **Clearer looking skin**
- **Reduction in blemishes**
- **Reduced inflammation**
- **More balanced oil production**
- **Increased skin suppleness**
- **Healthier looking skin**

Individual results will vary but, with continued daily use, your skin will continue to clear and improve. Start with a 30 day supply. For best results, we recommend 90 days.

# why a drink? why a capsule?

If you were to try to take all skinade Targeted Solutions® Clear ingredients in tablet form only, you would need to swallow around thirty large tablets daily. Not only is this difficult, but the body would not be able to absorb the ingredients at the right speeds and levels that are essential to optimum efficacy of the product.

Skinade Targeted Solutions® Clear delivers its functional ingredients in a two-step approach, ensuring optimal efficacy:

- A drinkable highly absorbable liquid sachet component
- A slow delivery capsule component



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# the ingredients

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## **Methylsulfonylmethane (organic sulphur)**

Powerful anti-inflammatory and detox compound. Improves cellular osmotic flow and is key for elastin production.

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## **Milk Thistle Extract**

Milk Thistle is a powerful liver detox compound key to removal of toxins. It also reduces inflammation.

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## **Selenium**

Essential for skin elasticity, prevents inflammation and is effective against oily skin, blackheads and pustules. Cofactor for Superoxide Dismutase. Acne sufferers are often deficient in selenium.

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## **N - Acetyl - L - Cysteine**

Helps to produce and replenish vital intracellular antioxidant glutathione.

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## **Zinc**

Strengthens the immune system and helps control acne bacteria. Contributes to tissue regeneration, control of inflammation and promotes healthy skin. Essential for the absorption of vitamin A and also regulates levels of vitamin E in the blood. Key in correct metabolism of testosterone. Contributes to enzymatic processes such as superoxidase dismutase manufacture.

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## **Magnesium**

Hormone balancer. Hormonal imbalances are a main cause of acne and the production of oils, such as sebum, which cause pores to clog and the appearance of comedones.

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## **Broccoli extract at 5%**

Broccoli is a natural and powerful supply of the compound sulforaphane, responsible for detox, reduction in inflammation, hormone regulation and a material for the body's manufacture of DIM.

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## **Vitamin C - Calcium Ascorbate**

An essential component to new collagen formation and fibroblast response to peptide feedback mechanism.

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## **Vitamin B complex**

Our Vitamin B complex promotes more uniform, clearer, glowing and radiant skin. Vitamin B6 deficiency can increase sensitivity to hormone testosterone a key contributor to breakouts.

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## **Vitamin A**

Helps lower follicular hyperkeratinisation and excess sebum production. Lowers oil production and the build-up of keratin in the follicle.

## FACTS

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### Lactobacillus

Poor digestive health is a key aggravator of break outs, for this reason we include friendly bacteria at 10 billion cfu per daily dose.

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### Agnus Castus Extract

Delivers phyto-progesterones that balance excessive production of oestrogens that may cause acne.

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### Saw Palmetto

Helps to lower DHT formation from testosterone levels associated with breakouts.

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### Red reishi mushroom

Helps reduce levels 5-alpha reductase, the enzyme that facilitates conversion of testosterone to dihydrotestosterone (DHT).

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### Chromium

Improves glucose tolerance and enhances insulin sensitivity.

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### Indol-3-Carbinol

Diindolylmethane is a metabolite of I3C. Skinade Targeted Solutions® Clear is unique in the delivery of DIM. By effectively creating DIM in the body we circumvent digestion of this very delicate and DIM powerful compound that helps regulate oestrogen hormone and toxin metabolism.

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### Calcium - Calcareous Marine Algae

Important compound for regulating body's use of Magnesium.

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### Omega 3 from DHA Algal

Powerful skin hydrator. Helps regulate sebaceous activity and lowers inflammation.

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### Calendula Flower Extract

Flavonoids and saponins delivered by Calendula are key inflammatory response reducing compounds.



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proven results

**“Skinade continues to innovate  
and lead the field with this new  
range of products”**

**Mr Paul Banwell**

Cosmetic Plastic & Cosmetic surgeon

## NUTRITIONAL INFORMATION

# nutritional information

Skinade Targeted Solutions® Clear is manufactured in the UK and naturally only contains EU-approved ingredients:

Nutritional information	Per 15ml	RI	%RI
Energy (kcal)	15.3	2000	0.77
Protein (g)	0.09	58.5	0.15
Carbohydrates(g)	3.72	130	2.86
of which sugar (g)	3.23	25	12.92
Fat (g)	0.03	44	0.07
of which saturates	0	20	0
Fibre (g)	0	24	0
Sodium (g)	0.002	2	0.1

Liquid Sachet	mg Per 15ml	NRV (mg)	%NRV
Milk Thistle Extract 80%	650	*	*
Silymarin			
Vitamin C – Calcium Ascorbate	500	80	625
Methylsulfonylmethane (MSM)	500	*	*
Calcerous Marine Algae (Lithothamnion sp.)	401.6	800	50
N-Acetyl-L-Cysteine	400	*	*
Calendula Flower Extract	250	*	*
Magnesium Citrate	200	375	53
Omega-3 DHA Algal Powder	200	*	*
Inositol	100	*	*
Pyridoxine Hydrochloride – B6	20	1.4	1429
Niacinamide – Vitamin B3	20	16	125
Zinc Gluconate	20	10	200
Thiamine Hydrochloride – B1	10	1.1	909
Calcium D Pantothenate – B5	10	6	167
Vitamin A Retinol Acetate	9.23	2664(iu)	113
Riboflavin – B2	6	1.4	429
Folic Acid – B9	0.4	0.2	200
Sodium Selenite Anhydrous	0.1	0.055	182
Biotin – B7	0.075	0.05	150
Chromium Chloride 6 Hydrate	0.035	0.04	88
Cobalamin – B12	0.02	0.0025	800

Per 2 capsule dose	mg	NRV (mg)	%NRV
Red Reishi Mushroom Powder extract	400	*	*
Saw Palmetto	200	*	*
Agnus Castus Extract (Chasteberry)	200	*	*
Lactobacillus	125.2	*	*
I3C Indole-3-Carbinol Powder	100	*	*
Broccoli extract 5% Sulforafane	25	*	*

**RI** = Reference Intake

**NRV** = Nutrient Reference Value

**DV** = Daily Value

\* = No established NRV

\* = No established DV

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**Consult your doctor or pharmacist if you are on any prescription medication including the contraceptive pill.**

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